

SUPERVISION FOLLOW-UP FOR STAFF TRAINED IN LIFE-SAVING OBSTETRIC CARE OR POSTABORTION CARE

Training in Life-Saving Obstetric Care or Postabortion Care (PAC) must be supported by an ongoing system of follow-up and support visits. Training health care providers without adequate follow-up has been shown repeatedly to have a limited effect. **The objectives of follow-up visits to trainees are to:**

- Help maintain and improve provider competence and confidence in performing life-saving obstetric care and PAC through on-the-job training, support, and guidance.
- Reinforce health care provider knowledge and skills.
- Identify and resolve problems or challenges that limit application of the training content.
- Monitor performance of the life-saving obstetric care and PAC functions and ensure safety and quality of services.

A Life-Saving Obstetric Care/PAC trainer or supervisor is best positioned to provide follow-up support to trainees. Persons responsible for follow-up and support (trainer or programme coordinator) should maintain a complete list of providers trained as well as the dates of their training so that supervisory visits can be scheduled on a timely basis.

Content and Organization of Follow-up Visits to Life-Saving Obstetric Care and PAC Trainees

The following core activities should be carried out during follow-up visits to trainees:

1. **Discussion/dialogue with trained providers to review their progress in applying new knowledge and skills at their workstations and to solicit feedback on the training.** This discussion is aimed at reviewing identifying any challenges faced by trainees and jointly exploring how they can be resolved. (**Follow-up Tool 1**, 20 – 30 minutes).
2. **Summary:** This form provides space for noting areas of excellence and improvement, and for recording key knowledge/skills gaps identified during the follow-up visit. These gaps should be discussed with the trainee and the supervisor and trainee should jointly identify strategies for addressing the gaps.

At higher-level facilities, such as hospitals, where more than one provider has been trained, Follow-up Tool 1 can be used in a group setting to conserve time, however, the supervisor should provide each trainee with an opportunity to individually discuss any problems or challenges she or he has encountered.

The follow tools are available below:

- Life-Saving Obstetric Care Follow-up Tool 1: Supervisory Questionnaire
- Postabortion Care Follow-up Tool 1: Supervisory Questionnaire
- Follow-up Tool 2: Follow-up Summary

4. Which of the following Life-Saving Skills have you been able to perform since returning from training? <i>[Supervisor should probe to ascertain how skills and knowledge imparted during the training have been applied at the worksite, and to explore reasons why any particular skills have not been utilised—e.g. no cases, lack of equipment, drugs or supplies, lack of support from facility in-charge, etc.]</i>		
Life-saving skill	Practiced since training? If no, why not	Problems encountered/Possible Solutions
Antenatal assessment & treatment	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Monitor labour progress w/ partograph	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Active management of 3 rd stage of labour	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Episiotomy cutting & repair	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Laceration repair	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Management of prolonged labour	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Management of haemorrhage (APH/PPH)	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Administration of parenteral antibiotics	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Administration of parenteral anticonvulsants	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Administration of parenteral oxytocic drugs	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Manual removal of placenta	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Bimanual compression of uterus	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Inspection with vaginal speculum	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Newborn resuscitation	<input type="checkbox"/> Yes <input type="checkbox"/> No	

4. Which of the following Life-Saving Skills have you been able to perform since returning from training? (Continued)		
Life-saving skill	Practiced since training? If no, why not	Problems encountered/Possible Solutions
Management of shock / adult resuscitation	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Starting IV fluid in peripheral vein	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Management of persistent occiput posterior position	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Management of cord prolapse	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Management of uterine inertia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Management of shoulder dystocia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Management of breech position	<input type="checkbox"/> Yes <input type="checkbox"/> No	

5. For each of the following areas, how have you been able to apply the information and skills gained during training? [Supervisor should probe to ascertain how skills and knowledge imparted during the training have been applied at the worksite, and to explore reasons why any particular skills have not been utilised—e.g. lack of support from colleagues, difficulties related to facility set-up, etc.]		
Life-saving skill	Practiced since training? If no, why not	Challenges encountered/possible solutions
Individualised birth preparedness counselling	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Caring/compassionate treatment of clients	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Infection prevention	<input type="checkbox"/> Yes <input type="checkbox"/> No	

PAC
Follow-Up Tool

1

Supervisory Questionnaire

Name of PAC trainee:

District:

Facility:

Dates of PAC training:

Number of months since training:

Name of Trainer conducting follow-up:

1. **When you attended the training in PAC, how much hands-on practice did you get in performing MVA?** *[Supervisor: Probe about the number of cases observed and the number of cases managed during training.]*
2. **Since the training, how many cases have you managed at your home facility? On average, how many cases do you see a month?**
3. **Do you have any questions or are there any areas related to the training for which you would like more guidance or on-the-job training?**
4. **Have you been able to orient your co-workers to the content of the PAC training? If so, which areas of the training have you shared with colleagues?**

Follow-Up Tool 2	Follow-Up Summary
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Name of trainee:

District:

Facility:

Date of training:

Number of months since training:

Name of Trainer or Supervisor:

1. Areas of Excellence: Supervisor, please note below observations on where trainee is performing well

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Summary of Challenges and Proposed Solutions: If specific areas for further training are identified through discussions with trained providers, review of the self-assessment tool, or observation of skills practice, note them below, along with possible solutions discussed with the trainee. Include a timeframe for trying to address each gap.

Identified knowledge/skill gap	Strategy for Addressing Identified Need	Timeframe